



# ACTIVITY: MAKE YOUR OWN NATURAL LIP BALM

by Willow



Do you know what goes into your skincare products? If you make your own products, you know exactly where the ingredients come from, you can tailor-make it to suit your needs and you can decide exactly what type of sustainable packaging to use and where to buy your ingredients from.

## YOU WILL NEED:

- Honey
- Coconut oil
- Essential oils like almond, peppermint or lavender (optional)
- A teeny tiny tin

### STEP 1:

Get a jug or bowl or something to mix everything together in.

### STEP 2:

Add two teaspoons of honey and two teaspoons of coconut oil. Did you know that coconut oil is good for the skin and can help smooth and soften it?



### STEP 4:

Go wild and choose your essential oils to flavour it and add in a couple of drops (we like spearmint, rose or vanilla).



### STEP 3:

Mix them together.



### STEP 5:

Get your teeny tiny tin and scoop in as much mixture as can fit. Decorate with your own label to make it extra special.